Greetings,

This letter is to welcome you to our Clinic, the Movement Disorders Treatment Center, at the Parkinson’s Institute.

Enclosed are our patient registration forms. Please complete these forms to the best of your knowledge, and bring them with you on the day of your appointment. Also bring the bottles of any current medications you are taking. Please check in at the clinic thirty minutes prior to your scheduled appointment time.

Also enclosed is a medical records release form. Please sign this form and send it to your current physician in order for us to receive your medical records prior to your appointment. Our doctor must review your records before your visit, so it is very important that we have your medical records here. Please check with us periodically to make sure that we have received them.

Your evaluation will take approximately 1 hour. It will consist of the physician taking a medical history and assessing current medical problems, as well as performing a neurological examination and comprehensive medical testing.

Please read the Notice of Privacy Practices and sign the Patient Consent Form. You may use this form to specify any restrictions on our communications and list additional contact phone numbers. If neither of these apply, you may leave the form blank and simply sign and date on the back.

Please bring your insurance cards to be copied. Insurances we currently contract with are Blue Shield of California PPO and Medicare Part B. If you have Medicare coverage, we will bill Medicare for you and we do accept assignment. If you have other types of insurance, we will bill your insurance companies to assist you in getting reimbursed. Please read and sign the financial policy enclosed. Self-paying patients are required to pay at the time of service.

We are located at 675 Almanor Avenue in Sunnyvale, California. There is plenty of parking for your convenience. If you have any questions, please feel free to call (408) 734-2800 to reach the clinic.

We look forward to meeting you!
# The Parkinson's Institute

## Patient Questionnaire

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<td>Skilled nursing facility</td>
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<td>Primary Insurance Information:</td>
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**Insurance Plan Type:**
- PPO
- EPO
- MC
- HMO
- Private
- Worker’s Comp

*Your insurance plan is EPO, MC or HMO. It may require a prior authorization.*
Referring Physician: _____________________________________________

Address    City    State    Zip code    Telephone number

Neurologist: ____________________________________________________

Address    City    State    Zip code    Telephone number

Primary Care MD: ________________________________________________

Address    City    State    Zip code    Telephone number

Who should receive a copy of the report?  □ Neurologist  □ Primary care physician
□ Other: ______________________________________________________

Demographics:

Level of Education (years): □ 0-4    □ 5-8    □ 9-12    □ 13-16    □ 17+

Handedness:  □ Right  □ Left  □ Ambidextrous

Religion (optional):______________________________________________

Place of Birth: ______________________ Previous Residences: ______________________

□ Currently Working  □ Retired, how many years? _____  □ Did this disease cause you to retire? □ Yes □ No

Other past employment: _________________________________________

Symptomatic History:

When was you first symptom? _________  What side of your body was affected?  □ Right  □ Left  □ Both

What was the first symptom(s)? □ Tremor  □ Gait Trouble  □ Stiffness  □ Slowness

□ Muscle Cramps or Spasms  □ Balance Problems  □ Change in Voice  □ Change in Handwriting

□ Abnormal Involuntary Movement  □ Other ________________________________

Do you have tremor?  □ No □ Yes

Do medications help?  □ No □ Yes  □ Yes If yes, which? ____________________________

______________________________________________________________
Medical History:

Have you had any operations? □ No □ Yes (please describe): __________________________________________

______________________________________________________________________________________

Have you had any accidents (especially head trauma)? □ No □ Yes If yes, please describe (If there was a head trauma, were you knocked out and are there any current problems?):

______________________________________________________________________________________

______________________________________________________________________________________

______________________________________________________________________________________

Do you have any other medical problems or any other significant illnesses? □ No □ Yes (describe):

Past:____________________________________________________________________________________

Current:________________________________________________________________________________

Smoking: □ Never □ Yes □ Yes but Quit (date: ____________) If yes, □ Cigarettes per day: ___ # of years: ______
 □ Cigars per day: _____ # of years: ______ □ Pipe: bowls per day: ______ # of years: __________

Alcohol: □ Never □ Yes □ Yes but Quit (date: ____________) If yes, Beers/ week: _____ Wine/ Week: ______
Liquor drinks/ week: ______ # of years: ______

Illicit Drugs: □ Never □ Yes (describe):________________________________________________________________

Have you been exposed to any of the following?

Pesticides: □ No □ Yes (describe):_______________________________________________________________

Herbicides: □ No □ Yes (describe):_____________________________________________________________

Chemicals □ No □ Yes (describe):______________________________________________________________

Other: □ No □ Yes (describe):_______________________________________________________________

For the above, have there been any incidents of large exposure or have you gotten sick?

□ No □ Yes (describe):______________________________________________________________________

Are you allergic to any foods or medications, including antibiotics and penicillin?

□ No □ Yes (Describe allergies and reactions):____________________________________________________
Family History: (Note if there is any parkinsonism, tremor, tics, chorea, dystonia, dementia, or any other brain disease. If so, please state if the disease was diagnosed by a doctor and what treatments were given.)

Mother:  
☐ Deceased, Age at death: ______ Cause of Death: ______________________
☐ Alive, Current Age: ______
What medical problems does/did she have: ______________________

Father:  
☐ Deceased, Age at death: ______ Cause of Death: ______________________
☐ Alive, Current Age: ______
What medical problems does/did he have: ______________________

Brothers: ______________________
List all, include age, living or deceased, and cause of death

Sisters: ______________________
List all, include age, living or deceased, and cause of death

Sons: ______________________
List all, include age, living or deceased, and cause of death

Daughters: ______________________
List all, include age, living or deceased, and cause of death

Grandparents/ Aunts/ Uncles: ______________________
Include all that have had any of the diseases listed above

How did you hear about the Parkinson’s Institute? ______________________
Medication List

Name: __________________________________________ Today’s Date: _______________________________

- Please list all the medications that you are **CURRENTLY** taking and all of the **PREVIOUS** medications that you have tried but discontinued.
- Include **STRENGTH**, the **TIME(S)** that you are taking them each day, and the number of **TABLETS** at each time.

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Handwriting Exam

Name: ___________________________    Date: ________ □ Right handed
                                              □ Left handed

Sign your name:

Please write the following: “Today is a nice day.”

Write any sentence you would like as long as it is a complete sentence.

Put in the numbers of the clock

Draw the clock’s hands to show 7:15

Copy this shape
Patient Consent to the Use and Disclosure of Health Information  
For Treatment, Payment, or Healthcare Operations

I, ___________________________, understand that as part of my health care, the Parkinson’s Institute originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information serves as a:

- Basis for planning my care and treatment
- Means of communication among many health professionals who contribute to my care
- Source of information for applying my diagnosis and surgical information to my bill
- Means by which a third-party payer can verify that services billed were actually provided
- Tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals

In order to provide high-quality services, activities that TPI carries out include: appointment reminder telephone calls and postcards, videotape and photograph, returning patient phone calls, referrals to other physicians, and sending medical records to transcription services, other physicians’ offices, insurance companies, state agencies, the patient, and designated relatives.

TPI wants to keep patients and their families and caregivers updated on latest developments. Patient support is paramount to the Parkinson’s Institute. Thus, newsletters will be mailed regularly and patients will be placed on a donations database, unless specified otherwise. To determine eligibility for upcoming clinical trials and epidemiological studies, patients will be placed onto a Clinical Research database, unless specified otherwise.

I understand and have been provided with a Notice of Privacy Practices that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges:

- The right to review the notice prior to signing this consent,
- The right to object to the use of my health information for directory purposes, and
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations.

I wish to have the following restrictions to the use or disclosure of my health information:

____________________________________________________________________________________
___________________________________________________________________________________
I wish to be contacted in the following manner (check all that apply):

[  ] Home Telephone_________________________________________________
    [  ] OK to leave message with detailed information
    [  ] Leave message with call-back number only
[  ] Work Telephone_________________________________________________
    [  ] OK to leave message with detailed information
    [  ] Leave message with call-back number only
[  ] Written Communication
    [  ] OK to mail to my home address
    [  ] OK to mail to my work/office address
    [  ] OK to send faxes to this number_______________________________
[  ] CellPhone/Other:________________________________________________

I understand that as part of this organization's treatment, payment, or health care operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including disclosures via fax. Information used or disclosed pursuant to this authorization may be subject to redisclosure by the recipient and no longer protected by this rule.

I understand that the Parkinson’s Institute is not required to agree to the restrictions requested. I understand that I may revoke this consent by writing to the Privacy Officer, Renee Rodriguez, except to the extent that the organization has already take action in reliance thereon. I also understand that by refusing to sign this consent or revoking this consent, this organization may refuse to treat me as permitted by Section 164.506 of the Code of Federal Regulations.

I further understand that the Parkinson’s Institute reserves the right to change their notice and practices and prior to implementation, in accordance with Section 164.520 of the Code of Federal Regulations. Should the Parkinson’s Institute change their notice, they will send a copy of any revised notice to the address I've provided (whether U.S. mail or, if I agree, email).
I fully understand and [ ] accept / [ ] decline the terms of this consent. I acknowledge that I have received and reviewed the *Notice of Privacy Practices*.

__________________________________________
Patient's Signature

Date

FOR OFFICE USE ONLY

[ ] Consent received by________________________ on ______________

[ ] Consent refused by patient, and treatment refused as permitted.

[ ] Consent added to the patient's medical record on ______________
ONE-TIME
PATIENT FINANCIAL AGREEMENT

I ______________________________ hereby authorize The Parkinson’s Institute (TPI) to apply for benefits on my behalf for services rendered. I certify that the information I have reported with regard to my insurance coverage is correct, and further authorize the release of any necessary information, including medical information, for this or any related claim to my insurance company in order to determine these benefits payable. I request that payment of authorized benefits be made payable to The Parkinson’s Institute on my behalf.

1. TPI is a participating provider with Medicare, Blue Shield of California (PPO only), PHCS, Interplan, and First Health. By contract, covered charges will be paid directly to TPI. I understand that any applicable co-insurance or deductible payments are my responsibility. These will be billed to me after my insurer has considered the claim.

2. TPI is not a provider to any HMO programs. I understand that if I am an HMO participant/patient, I am responsible for obtaining an authorization from my primary care physician prior to my visit(s). If I have not obtained authorization for my initial or any subsequent visit(s), I will be required to pay at time of service.

IF YOU ARE NOT SURE WHAT YOUR INSURANCE COVERS PLEASE CALL YOUR INSURANCE CARRIER PRIOR TO YOUR VISIT.

3. I understand that I am financially responsible for all non-covered, non-authorized or denied charges incurred on my behalf.

4. A copy of this agreement may be used in place of the original. This is a one-time agreement and shall remain in effect while I am a patient in the Movement Disorders Clinic at The Parkinson's Institute.

Signature __________________________________  Date_______________________
Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY

Introduction:
At the Parkinson’s Institute, we are committed to treating and using protected health information about you responsibly. The Privacy Regulations created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) require us to continue maintaining the confidentiality and security of your information. This Notice of Privacy Practices describes the personal information we collect and how and when we use or disclose that information. It also describes your rights as they relate to your Protected Health Information (PHI). This Notice is effective March 1, 2003, and remains in effect until we replace it. It applies to all Protected Health Information as defined by federal regulations.

Understanding Your Health Record/Information:
Each time you visit the Parkinson’s Institute, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, and a plan for future care or treatment. This information, often referred to as your health or medical record, serves as a:

- Basis for planning your care and treatment,
- Means of communication among the many health professionals who contribute to your care,
- Legal document describing the care you received,
- Means by which you or a third-party payer can verify that services billed were actually provided,
- A tool in educating health professionals,
- A source of data for medical research,
- A source of information for public health officials charged with improving the health of this state and the nation,
- A source of data for our planning and marketing, and
- A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve.

Understanding what is in your record and how your health information is used helps you to: ensure its accuracy, better understand who, what, when, where, and why others may access your health information, and make more informed decisions when authorizing disclosure to others.
Your Health Information Rights:

Although your health record is the physical property of the Parkinson’s Institute, the information belongs to you. You have the right to:

- Consent to use your PHI for Treatment, Payment, or healthcare Operations (TPO)
- Provide a written authorization for other uses and disclosures not identified by this notice or permitted by applicable law
- Delegate another person the authority to consent to, or authorize disclosure of, PHI
- Obtain a paper copy of this notice of information practices upon request
- Inspect and copy your health record for a reasonable, cost-based fee, by as provided for in 45 CFR 164.524. Submit requests in writing to the Privacy Officer. The request will be processed within 30 days.
- Amend your health record if you believe that it is incorrect or incomplete as provided in 45 CFR 164.528. Submit requests in writing to the Privacy Officer, with a reason that supports the request. The physician must make the amendment within 60 days. If the physician denies the request, you may write an objection to the denial, and require that all communications be documented and attached to future disclosures of PHI
- Obtain an accounting of non-routine, non-TPO disclosures of your health information after implementation of the Privacy Act for a reasonable, cost-based fee as provided in 45 CFR 164.528
- Request communications of your health information by alternative means or at alternative locations
- Request a restriction on certain uses and disclosures of your information as provided in 45 CFR 164.522. Additionally, you have the right to request that we restrict our disclosure of your PHI to only certain individuals involved in your care or the payment for your care, such as family members and friends. We are not required to agree to your request; however, if we do agree, we are bound by our agreement except when otherwise required by law, in emergencies, or when the information is necessary to treat you.
- Revoke your authorization to use or disclose health information except to the extent that action has already been taken.

Copies of these federal regulations are available through the Privacy Officer.

Our Responsibilities:

The Parkinson’s Institute is required to:

- Maintain the privacy of your health information,
- Provide you with this notice as to our legal duties and privacy practices with respect to information we collect and maintain about you,
- Abide by the terms of this notice, which is now in effect,
- Notify you if we are unable to agree to a requested restriction, and
- Accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations.

We reserve the right to change our practices and to make the new provisions effective for all protected health information we maintain, including information previously created or received before the effective date. Should our information practices change, we will mail a revised notice to the address you've supplied us, or if you agree, we will email the revised notice to you.

We will not use or disclose your health information without your authorization, except as described in
this notice. We will also discontinue using or disclosing your health information after we have received a written revocation of the authorization according to the procedures included in the authorization.

For More Information or to Report a Problem:
If you have questions and would like additional information, you may contact the Parkinson's Institute’s Privacy Officer, Renee Rodriguez at (408) 734-2800.

If you believe your privacy rights have been violated, you can file a complaint with the practice's Privacy Officer or with the Office for Civil Rights, U.S. Department of Health and Human Services. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Rights. The address is: Office for Civil Rights, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building, Washington, D.C. 20201

Examples of Disclosures for Treatment, Payment and Healthcare Operations:

We will use your health information for treatment.
For example: Information obtained by a nurse, physician, or other member of your health care team will be recorded in your record and used to determine the course of treatment that should work best for you. Your physician will document in your record his or her expectations of the members of your health care team. Members of your health care team will then record the actions they took and their observations. In that way, the physician will know how you are responding to treatment.

We will also provide your physician or a subsequent health care provider with copies of various reports that should assist him or her in treating you once you are discharged.

We will use your health information for payment.

For example: A bill may be sent to you or a third-party payer. The information on our accompanying the bill may include information that identifies you, as well as your diagnosis, procedures, and supplies used.

We will use your health information for regular health operations.

For example: Members of the medical staff, the risk or quality improvement manager, or members of the quality improvement team may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality of the healthcare and service we provide.

Business associates: There are some services provided in our organization through contacts with business associates. Examples include physician services in the emergency department and radiology, certain laboratory tests, and a billing service we use. When these services are contracted, we may disclose your health information to our business associate so that they can perform the job we've asked them to do and bill you or your third-party payer for services rendered. To protect your health information, however, we require the business associate to appropriately safeguard your information.

Notification: We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location, and general

PP - 092807  3
Communication with family: Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, health information relevant to that person's involvement in your care or payment related to your care.

Research: We may disclose information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information.

Funeral directors: We may disclose health information to funeral directors consistent with applicable law to carry out their duties.

Organ procurement organizations: Consistent with applicable law, we may disclose health information to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation and transplant.

Marketing: We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Fund raising: We may contact you as part of a fund-raising effort.

Food and Drug Administration (FDA): We may disclose to the FDA health information relative to adverse events with respect to food, supplements, product and product defects, or post marketing surveillance information to enable product recalls, repairs, or replacement.

Workers compensation: We may disclose health information to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

Public health: As required by law, we may disclose your health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability, including child abuse and neglect.

Victims of Abuse, Neglect, or Domestic Violence: We may disclose PHI to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may share your PHI if it is necessary to prevent a serious threat to your health or safety or the health or safety of others. We will only make disclosures to a person or organization able to prevent the threat.

Correctional institution: Should you be an inmate of a correctional institution, we may disclose to the institution or agents thereof health information necessary for your health and the health and safety of other individuals.

Law enforcement: We may disclose health information for law enforcement purposes as required by law or in response to a valid subpoena or court order. Federal law makes provision for your health information to be released to an appropriate health oversight agency, public health authority or attorney, provided that a work force member or business associate believes in good faith that we have
engaged in unlawful conduct or have otherwise violated professional or clinical standards and are potentially endangering one or more patients, workers or the public.

Specialized Government Functions: Subject to certain requirements, we may use or disclose PHI for military personnel and veterans, to federal officials for national security and intelligence activities, for protective services for the President and others, for medical suitability determinations for the Department of State, for correctional institutions and other law enforcement custodial situations, and for government programs providing public benefits.
Dear Patient,

Please have your treating neurologist mail or fax your medical records to The Movement Disorders Treatment Center (the Clinic) at the Parkinson’s Institute at least a week prior to your scheduled appointment. The doctor will review all records. A sample release form is included in this package.

We have enclosed a records release form for you to use, or you may write a note to your physician requesting the records be sent to us. Please include:

- Original History & Physical
- Most recent History & Physical
- MRI Reports (and Films, if possible)
- Recent Lab Reports
- Past years’ Medical Doctors’ Notes (including Muscle Testing and UPDRS)
- Consultation Reports

CHECKLIST FOR YOUR APPOINTMENT:

☐ Medical Records have been received by clinic (call to make sure)
☐ Referral Letter has been received by clinic
☐ Bring medication bottles
☐ Bring Insurance cards / payment
☐ Bring filled-out paperwork:
  ☐ Questionnaire
  ☐ HIPAA Consent form
  ☐ Medication Schedule
  ☐ Financial Agreement
  ☐ Writing Exam

If you are unable to keep your appointment for any reason, please call (408) 734-2800 one week prior to your scheduled visit.
REQUEST FOR MEDICAL RECORDS

To: ___________________________ _______________________________

________________________________________

Please release my medical records to:
The Parkinson’s Institute, 675 Almanor Avenue, Sunnyvale, CA 94085
Phone: (408) 734-2800 Fax: (408) 734-9208

Records pertaining to the diagnosis of______________:
● Original History & Physical
● MRI reports and films
● Consultation reports
● Past years’ doctors’ notes (including muscle testing & UPDRS)

Purpose of Disclosure:
☐ New patient referral ☐ Continuity of care ☐ Other__________________

Date of Expiration: This authorization shall remain in effect until___________or for one year from the date of signature.

Revocation of Request: This authorization is also subject to written revocation by the undersigned at any time between now and disclosure of information by the disclosing party. My written revocation will be effective upon receipt, but will not be effective to the extent that the requestor or others have acted in reliance upon this authorization.

Minimum Necessary Standard: The Protected Health Information requested is the minimum necessary to accomplish the specified purpose.

____________________________________       ____________________________
Patient’s Name     Date of Birth

____________________________________ _________ ___________________
Patient’s Signature (or legal representative) Today’s Date
The Parkinson’s Institute
675 Almanor Avenue, Sunnyvale, CA 94085

Toll Free phone numbers: 800.655.2273
In California: 800.655.2273
Outside California: 800.786.2958

Fax number: 408.734.9208
Clinic: 408.734.9208

Directions to the Institute:

From San Jose -
> Take US-101 N toward SAN FRANCISCO.
> Take the MATHILDA AVENUE SOUTH exit toward SUNNYVALE.
> Turn RIGHT onto ALMANOR AVE. The Institute is on the right approximately 1/4 mile.

From Palo Alto -
> Take US-101 S toward SAN JOSE.
> Take the MATHILDA AVENUE SOUTH exit toward SUNNYVALE.
> Turn RIGHT onto ALMANOR AVE. The Institute is on the right approximately 1/4 mile.

From Highway 237 East -
> Take the MATHILDA AVE exit toward US-101 S / SUNNYVALE.
> Turn LEFT onto N MATHILDA AVE.
> Turn RIGHT onto ALMANOR AVE.

From Highway 237 West -
> Merge onto US-101 S toward SAN JOSE.
> Merge onto N MATHILDA AVE toward SUNNYVALE.
> Turn RIGHT onto ALMANOR AVE.

If you get stuck or need assistance, call us at 408.734.2800 - the receptionist will help you.
## Reasonably Close Motels

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>Rates</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Best Western</td>
<td>4341 El Camino Real</td>
<td>Santa Clara</td>
<td>$60-130</td>
<td>408.244.3366</td>
</tr>
<tr>
<td>Best Western Silicon Valley Inn</td>
<td>600 Mathilda Ave.</td>
<td>Sunnyvale</td>
<td>$75-100</td>
<td>408.735.7800</td>
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<tr>
<td>Maple Tree Inn</td>
<td>711 El Camino Real</td>
<td>Sunnyvale</td>
<td>$70-110</td>
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<tr>
<td>Motel 6</td>
<td>3208 El Camino Real</td>
<td>Santa Clara</td>
<td>$45-60</td>
<td>408.241.0200</td>
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<td>Sunnyvale Fairoaks Inn</td>
<td>385 Weddell Drive</td>
<td>Sunnyvale</td>
<td>$40-90</td>
<td>408.734.9700</td>
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<tr>
<td>Value Inn</td>
<td>852 W. El Camino Real</td>
<td>Sunnyvale</td>
<td>$70-90</td>
<td>408.773.1234</td>
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<tr>
<td>Comfort Inn</td>
<td>595 N. Mathilda Avenue</td>
<td>Sunnyvale</td>
<td>$80-110</td>
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</tr>
<tr>
<td>Howard Johnson Inn</td>
<td>2499 El Camino Real</td>
<td>Santa Clara</td>
<td>$55-90</td>
<td>408.244.9610</td>
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<td>Friendship Inn</td>
<td>958 E. El Camino Real</td>
<td>Sunnyvale</td>
<td>$75-90</td>
<td>408.733.8800</td>
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<td>Sundowner Inn</td>
<td>504 Ross Drive</td>
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<tr>
<td>Quadrant Inn</td>
<td>1280 Pershine Drive</td>
<td>Sunnyvale</td>
<td>$60-80</td>
<td>408.744.0660</td>
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<tr>
<td>Westin Hotel</td>
<td>5101 Great America Parkway</td>
<td>Santa Clara</td>
<td>$250+</td>
<td>408.986.0700</td>
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<td>Sheraton Inn</td>
<td>1100 N. Mathilda Avenue</td>
<td>Sunnyvale</td>
<td>$180-200</td>
<td>408.745.6000</td>
</tr>
<tr>
<td>Doubletree Inn</td>
<td>2050 Gateway Place</td>
<td>San Jose</td>
<td>$190-240</td>
<td>408.453.4000</td>
</tr>
</tbody>
</table>

Call for current rates – these may be out of date
Dr. David Marsden wrote the following letter, which was published in the United Parkinson’s Foundation newsletter (#4, Par 2) in 1986. We thank UPF for permission to reprint the article.

**Autopsies, Tissue Donations, and Brain Banks**

It is not pleasant to contemplate one’s own death, but it is one of life’s two inevitabilities (the other being taxes!). Yet this final event is an opportunity to leave a priceless legacy to others. By donating our kidneys, livers, and hearts for transplantation, we can give the gift of life to those whose own organs need replacing. What about our brains? Allowing our brains to be used for research may one day contribute to discoveries that may lead to a cure for our family members or friends.

Diseases of the brain are the most difficult to study. We do not notice loss of a small part of our kidneys or liver. Doctors can remove the piece of kidney during life by a needle biopsy. The tiny core of tissue can be examined under the microscope or chemically. On the other hand, each part of the brain is unique. So we cannot remove pieces of the brain from the living, but must rely on the dead for tissue to study. This is why the gift of our brains after death is so crucial to research.

The discovery of Levodopa treatment for symptoms of Parkinson’s disease (PD) came directly from chemical examination of the brains of patients after death. Demonstrations of the considerable loss of dopamine in the basal ganglia in patients with PD was the stimulus to use levadopa to try to replace the missing dopamine. Levadopa treatment has had a dramatic effect upon the quality of life in PD patients but it is not a cure. However, now there are real clues as to what might be the cause(s) of the illness, and the need for brains to study is all the more urgent.

Twins studies have shown that, in general, inheritance does not play a direct role in causing PD. So we must look to the environment. The remarkable MPTP story has shown that toxic substances are capable of producing parkinsonism, and the hunt is on for other such toxins. But we need to look for such agents and their effects within the brains of those with Parkinson’s disease.

If you are persuaded by these arguments, then you need to take action now. Arrangements must be made in advance to ensure that the brain tissue is preserved as soon as possible after death. Your relatives, doctors, and attorneys must know of your wishes ahead of time so that there is no uncertainty. It is best to have all this settled, in writing.

At first sight, all this sounds as if it is directed only at the patients with Parkinson’s disease, but there is an equally pressing need for brain tissue from normal subjects as well. We can only tell what is wrong in PD by comparing parkinsonian brain tissue to tissue from normal brains. So the normal spouses, relatives, and friends of those with Parkinson’s disease can make major gift of their own brains to help the study of this illness.

How can you get more information regarding the donation of brain tissue? The Parkinson’s Institute can help you. The Parkinson’s Institute has an active laboratory research program, and needs donated brain tissue for its analyses. We would like to help answer you questions on the Brain Donation Program and let you know how could become enrolled. The following steps are recommended:

1. Let you doctor know you are interested in the Brain Donation Program.
2. Talk with Kirsten Thompson, the Institute’s Brain Donation program coordinator, at 408.542.5627 for questions about brain donations and the enrollment process.
3. Discuss the matter with your family and support staff and make the decision to enroll.
4. Fill out the forms and enter the program