



# Parkinson's Fitness Classes Starts January 29, 2019

## Larry Hovland's PD Fitness classes are open to the community

### VENUE

Cubberley Community Center  
(Formerly Cubberley High School)  
4000 Middlefield Road,  
Palo Alto, CA 94303  
Ample parking available

### TIME

Tuesdays 2-3PM / Room M-4  
Thursdays 2-3PM / Room G-4

### Fees

\$15 per class  
\$120 for 10 class pass



**WALK-INS WELCOME**  
**CONTACT: LARRY HOVLAND @ 650-930-6787**